What is Autonomic Response Testing & how do I certify as a qualified Practitioner?

Autonomic Response Testing is a biofeedback enhanced physical exam which uses changes in muscle tone as primary indicator. It produces the most reliable & consistent responses over other forms of muscle testing, going deeper into the matrix and intercellular levels.

It was developed by Dietrich Klinghardt, MD, PhD. And is a comprehensive diagnostic system that has helped to transform many practices in the US and abroad into healing centers – and helped many practitioners to become accomplished holistic physicians and with Certification in Autonomic Response Testing on our Referral List of Preferred Practitioners. To certify, one must complete all 3 levels of work and pass a written & practical exam.

Levels I & II are the Hands on Workshops in which the principles and skills of Autonomic Response Testing are taught: open & blocked regulation, switching, the 7 factors, the 5 levels of healing, the work with the signal enhancer and the polarization filter. Level III is the workshop where the system is put into practice, addressing most relevant and acute and chronic illnesses of our time: CFIDS, fibromyalgia, Lyme disease, autism, acute infections, trauma, PTSD, orthopedic problems, EMF sensitivity, sleeping disorders, MS, ALS, PD, AD and more.

Course Content and Knowledge for beginning Certification and to become proficient in Autonomic Response Testing I:

1. What a bio-field is and how we assess the health of a being with it.
2. Tools used in ART: examples: pole-filter, signal enhancers, lasers, and more.
3. Regulation of the body and what it means to your testing
4. Many forms of neurological and mental switching and what they mean to your testing.
5. How to scan the body for primary vs. secondary issues
6. The 7 factors: both from a diagnostic and treatment perspective
7. The map of the body where and how to test the structures
8. The difference between psychological, extra-cellular & intracellular testing
9. Yin
10. How to screen supplements, foods, & medications for allergy vs. deficiencies
11. Specific treatment protocols for
   a. Autism
   b. Lyme disease, the latest non-pharmaceutical programs
   c. Heavy metals, HPU/KPU, methylation and sulfation support
   d. Parasites and gut dysbiosis
   e. Fungal and Bacterial infections
   f. Psychological Perturbance, and unresolved family issues
   g. How the dental component affects a person

This is a hands-on course and we encourage you to practice as much as possible during class and continue to practice via study groups after the class. We hope to demonstrate by treating as many of you as possible, therefore remember to bring your supplements, medications, family tree, and panoramic x-rays.

Register now to begin your Certification process!

Contact Debbie Floyd, Klinghardt Academy to register (908) 899-1650.
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