Klinghardt Academy Recipe for EMF Remediation

**Electromagnetic Radiation (Electrosmog) Protocols and Products**

Dr. Klinghardt recommends all to learn about the effects of Electromagnetic Frequencies to your health, and use remediation strategies when possible. These are essential to incorporate into your daily life to reduce the effect of Radiation & harmful frequencies on your body, for healing sleep & your office environment!

Listen to Dr. Klinghardt’s’ EMR lecture: [http://www.youtube.com/watch?v=PktaaxPl7RI](http://www.youtube.com/watch?v=PktaaxPl7RI)

**Here are some simple solutions to start:**

1. Turn off Electric at night:
   - Remote circuit breaker switches
   - Daytime, Use Electrical Outlet Stetzer Filters **available at Klinghardt Academy**

2. No cordless Phones, No wireless in the House (use broadband and land lines)

3. **Grounding: Earthing Mats and Bedpads:** excellent for “healing sleep”
   - DVD included with purchase by Dr. Klinghardt: Healing Risk with Exposure to electromagnetic Fields
   - Special price at Klinghardt Academy: info@klinghardtacademy.com

4. **Sleep Protection:** *Call us for personal help and suggestions*
   - Body Harmonizing computer **k.Dwell** sticks and cell phone chips:
     - Personal Home Testing Meters & Equipment:
     - “New” Protective Clothing, Safe to wear on the skin
     - Shielding Canopies, Curtains, Fabrics, Blankets
     - **Cranial Stimulation System** is a good option for resetting the brain when used 20 min. mid-AM & PM. It helps to undo what EMFs are doing to the brain for neuro issues, sleep help and mental fog. Available from Discovery Health Solutions/Klinghardt Academy.
     - Wall Shielding: Paint (must ground the paint)

5. **Device Safety and EMR Remediation:** Best to Keep your cell phone off when not in use. The **k.Dwell** products harmonize the frequencies into a healing treatment!

**Cell Phone Use:** **k.DWELL** Chips for Smart Phones, and all mobile phones types.

**Computer Harmonization:** **k.DWELL** -USB Sticks and Pendants

**Klinghardt Academy’s product at:** Discovery Health Solutions: Trusted Source for the most effective **EMR Products & Protocols**

debbieafloyd@gmail.com  908-899-1650
1) **Advanced EMF / RF Detection Kit**  $675.00

Allows a typical home owner or practitioner to conduct a thorough EMR home assessment, identify sources and measure precise exposure levels. 
Sources Identified: cordless phones, Wi-Fi systems, wireless LAN, cell phone towers, power lines, electrical installations and appliances, baby monitors and alarms, microwave ovens, cell phones, Smart Meters etc.
Contains the following 2 meters: Made in Germany
1] Gigahertz Solutions -ME3830B AC Electric & AC GaussmeterCovers Low Freq. 16 Hz – 100,000 Hz)
2] Gigahertz Solutions Radio Frequency “RF” Meter – HF35C for High Frequency (800 MHz – 2.5 GHz)

2) **Body Voltage Home Kit**  $169.00

Easy to Use Body Voltage Home Test Kit - Compatible with Bau-Biologie / Building Biology Measurement Guidelines. This test kit will indicate the level of AC voltage on the human body from live electrical wires in the surroundings. Sources Identified: house hold power lines, electrical installations appliances, etc... Made in Germany Covers: Low-frequency AC electric fields 60 Hz

3) **Graham Stetzer Filters**: $35.00 ea. or $700.00/ box of 20 complete house

**Microsurge Meter**: $125.00 used to see which outlets need a filter

Helps combat the negative effects of electrical pollution and can alleviate some symptoms of fatigue, depression, insomnia, headaches, body aches and memory loss. Research indicates there has been substantial improvement in the quality of life of those people who are sensitive to excessive levels of electrical current. Recommended for the average home to install 20 filters. Just plug the filters directly into outlet or power strip after testing with the Microsurge Meter. This meter is designed to measure only the high frequency noise. The meter is very easy to use. Simply plug the meter into an outlet. Then add Graham-Stetzer Filters to the same outlet and nearby outlets and watch the reading decrease. You need the meter and the filters to do this correctly.

4) **Cranial Stimulation System** is a good option for resetting the brain when used 20 min. mid-AM & PM. Clipped on the ear. It helps to undo what EMFs are doing to the brain for neuro issues, sleep help, mental fog, depression, brain connectivity and enhanced feeling of wellbeing throughout the day.
Recommended for Autism support and Insomnia. $349.00

908-899-1650  info@kinghardtacademy.com
Mitigation Solutions

5.) **RF Shielding “Bed Canopies”**
Available in King, Queen, Double and Single Sizes: Call us for recommendations.
- Swiss Shield Daylite Canopy From $884.00 twin
- Hand Made Canopy with Effective Protection Against Radio Frequency and Microwave Radiation. Our Lightest and Most Breathable Fabric

**6.) RF Shielding Fabrics**
- Swiss Shield Daylite $24.95 Per Linear Foot (width 260 cm or 102 inches)
- Decorative Mesh Fabric - Radio Frequency / Microwave Shielding
  - Effectiveness 99.6% or 24 dB at (1000 MHz / 1 GHz) and 97% at (3000 MHz / 3 GHz)
- Naturell Fabric: $35.95 per linear Foot 100% cotton (Width= 250 cm or 98.4 inches)
  - Effective up to (10,000 MHz / 10 GHz)

7.) **EMF Shielding Paint**
- I Liter – $79.00 5 Liters- $340.00
- YSHIELD shielding paints are electro-conductive coatings for the protection of large areas from electromagnetic radiation (EMR).
- They offer the best shielding qualities for protection against high frequency (HF) radiation and (or) against low-frequency (LF) electric fields. For living areas and covered with your choice of paint.
  - Coverage: Interior: 1 Litre 7.5 sq. Meters (81 sq. Feet); Exterior: 1 Litre 5.0 sq. Meters (54 sq. Feet)

“NEW” Harmonization for EMR in your home and for electronics!

8.) **Cell Phone Harmonizer:** K.Dwell - CHIPS $ 75.00
- Consists of a thin carrier film containing powerful mineral substances. This is covered by a film which provides additional protection to the K.Dwell- Chip. The minerals collect free energy from the radiation waves, convert it and then transfer it to the body, resulting in an upsurge in our meridian’s natural energy levels. Using Autonomic Response Testing, a kinesiology-based testing method, it has been shown that the K.Dwell Chip helps raise vital energy levels and release energy blockages to harmonize energy flow. **How to use the Chip**
- Simply place the “blue colored” side of the Chip facedown onto the battery in your device and replace the phone’s battery cover, or use sticky tape to attach the K.Dwell Chip onto the outside case of your device.

9.) **Computer Harmonizer:** K.Dwell-Stick: $150.00
- Designed by Klinghardt Academy to counteract the negative effects of electro-smog
- The positive effects of using a K.Dwell-Stick include the strengthening of your power of concentration and performance, and an improved regeneration of our body.
- E-smog exists as a result of electromagnetic fields and radio waves such as those emitted by computers, wireless routers and wireless phones. The K.Dwell works as a filter against man-made electro-magnetic fields and radio waves and can be comparable to a ‘noise filter’ that helps prevent traffic noise. **How to use the Stick**
- Simply plug the K.Dwell– stick into the USB port of your computer or Mac. Nothing else is required; however you may use your stick for data storage, and we have found it helpful for our patients as a protective pendant.

10.) **Earthing Bed Pad Set:** DVD included: Klinghardt Edition: special $189.00
- Recommended by Dr. Klinghardt for healing sleep! Organic Cotton Earthing Bed Pad Half Sheet, Universal Earthing Mat, Outlet checker, Continuity Tester, Splitter Block, Ground Rod w/40 ft. grounding cord, Earthing book.
- Limited Edition: While supplies last
  - www.Klinghardtacademy.com    info@klinghardtacademy.com    908-899-1650
Grounding plate kit for shielding paints
For exterior applications #1172
$49.00 each
We recommend one or two ESA grounding kits for each continuous connected exterior surface
Kit Contains:
- Metal (aluminum) plate 80 x 80 x 3 mm with special conductive fleece backing
- Waterproof box
- Special glue for gluing to the underground
- 4 Screws & 4 dowels / wall plugs @ 6 mm
- 20 cm grounding cable 16 mm² with cable lugs and waterproof shrink tubing
- Grounding Instructions

Grounding plate kit for shielding paints, nettings, fleeces, etc.
For interior use #1076
$49.00 each
One grounding kit is required for each continuous connected surface, or one per room.
Kit Contains:
- Metal (Aluminum) plate 80 x 80 x 3 mm with conductive fleece backing
- 3 grounding sockets
- 4 cable straps
- 4 Screws, 4 dowels / wall plugs @ 6 mm
- 1 m grounding cable @ 2.5 mm² pre-assembled
- Grounding Installation Instructions

Self-adhesive, conductive fleece grounding tape for use under shielding paints.
$34.00 each
Self-adhesive, conductive fleece grounding tape for under shielding paints, to bridge cracks and to join adjacent surfaces. meter (32.8 feet) Superior adhesive force 10 N/cm.
With electrically non-conductive glue

Signal Protect - Clear Film
Virtually Clear Radio Frequency Signal Protect Window Film - Transparent RF window shielding / glass shielding to block a wide range of radio frequency and microwave radiation
$38.00 Per Linear (4 ft. width) or $47.50 per Linear Foot (5 ft width)
Both widths are cut in 4 ft. lengths only.

RF Shielding Mesh
Basic Interior and Exterior Radio Frequency Shielding Protection - Aluminum RF Shielding Mesh - Sold in 100 foot rolls, in 3 ft., 4 ft. and 5 ft. widths.
$252.00 Each
An Important Part of Creating your own **Sleep Sanctuary** - Automatic **Protection AC Electric Fields** Including **Dirty Electricity**

$270.00 Each

**Remote Cut Off Switch**

Turns **On** and Turns **Off** Specific **Circuits** with the Push of a Button. **Protection Against AC Electric Fields** Including **Dirty Electricity** as well as Many Other **Practical Applications**

$395.00 Each

**Antenna Extension Cable**

Meter / 16 foot Antenna Extension Cable to **increase** the range of the **Remote Cut Off Switch**

$95.00 Each

**Circuit Monitoring Light**

Monitoring Light to **display status** of **circuit** controlled by a Demand Switch

$9.00 Each

**Constant Load Resistor**

Assists the **Demand Switch** in **Responding** to Particular **Electronic Devices** or **Appliances**

$2.49 Each

**Contactor - 4 Circuit, 24 amp**

The 24 Amp, 4 Circuit Contactor **allows** the **Remote Cut Off Switch** to **control** up to 4 branch circuits

$175.00 Each

**Contactor - 4 Circuit, 40 amp**

The 40 Amp, 4 Circuit Contactor **allows** the **Remote Cut Off Switch** to **control** up to 4 branch circuits

$199.00 Each

**Demand Switch Mounting Rail**

**DIN Mounting Rail** for **Installation** of the **Demand Switch, Remote Cut Off Switch** and **Contactor - 6 inch**

$8.99 Each **Transmitter**

Additional transmitter for the **Remote Cut Off Switch** Version A or Version B

$69.00 Each

**DISCOVERY HEALTH SOLUTIONS**

Orders: 908-899-1650 info@klinghardtacademy.com