



## Detox Support & Self Help Tools

**Exercise:** Rebounder, light weights or walking  
**Move your body and lymph:** Sweat is good.

**PEMF Mats :** the latest therapy used by our clinic for microcirculation.

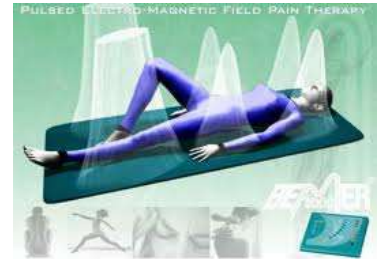
**Detox, Pain Relief, Cell-Rejuvenation, Healing, Sleep**  
Patients who have difficulty with regular exercise & use these new therapeutic mats at home daily benefit with renewed vigor, better sleep, and their protocols work more effective with quicker results.

Frequencies are positive for clearing Lyme toxins and parasite therapy, Migrains, Arthritis, TMG, Sport Injuries, knee pain, Back and Neck issues, moving blood and lymph fluid. Call the Academy for details, features & differences.  
**908-899-1650**



**2014 Special:** *Klinghardt Detox & Lyme Protocols DVD* (\$400 value) with purchase of a MAS or BEMER Mat  
Contact us for special Klinghardt Pricing.

**MAS** 908-899-1650 **BEMER** [www.beamerica.com/DHS](http://www.beamerica.com/DHS)



**Sauna Therapy to Sweat.**

**Far Infrared Sauna or Steam Sauna**

Made with non-toxic, wood and glass. No plastics, or glues.  
Sunlighten sauna has a very low EMR emission model designed for the Klinghardt Academy:

Sunlighten link: features of the low EMR emission model.  
[http://www.sunlighten.com/?utm\\_medium=email&utm\\_source=Klinghardt](http://www.sunlighten.com/?utm_medium=email&utm_source=Klinghardt)



**Hydrate with Pure Mineral Water:**

Make a large pitcher each day and sip throughout day.

Recipe: 1 Gal of spring water, mix 1 Tbsp. electrolytes and 1 Tbsp. microminerals.  
Detox therapies push out the toxins from your cells, and you must have on board good minerals to immediately hydrate to replace the toxins with good minerals into the cells. Hydration important when using these detox supportive products.

## Energetic Detox DVD, Manual, Photon Pulser and Kits at Academy

### Dry skin Brush, then Baths

Use Sea Salt & Soda, vinegar, Epson salt, etc. Our skin is the largest human organ and the armor that helps to protect your immune system from bacteria and disease. The skin regulates our body temperature. Production of sweat which evaporates on the skin's surface, will cool us down.

### Ion Foot Bath Detox System:

When detoxing, debris settles toward the feet, and the feet are areas for both absorption of toxins, and for sweating. Use the feet to help eliminate toxins as one of the areas for removal, along with the other supportive detox protocols.

*Free shipping code: Kacad:* [info@amajordifference.com](mailto:info@amajordifference.com)

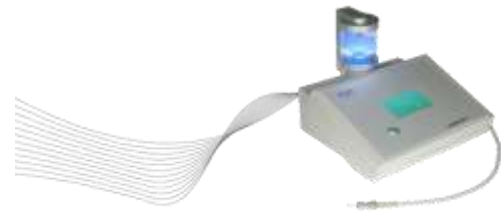


**Lung Support:** The function of the lungs is to supply all of the body's cells with oxygen and to help expel waste products, such as carbon monoxide. Emotional links: chronic grief, longing for, sadness, trapped.

### Therapies:

**Cutaneous Segmental Therapy for Lung Stress**

**ENG3: Bio-Identical Signaling technology**  
Model DK1204 Nano VI    Hans Eng:  
[info@eng3corp.com](mailto:info@eng3corp.com)

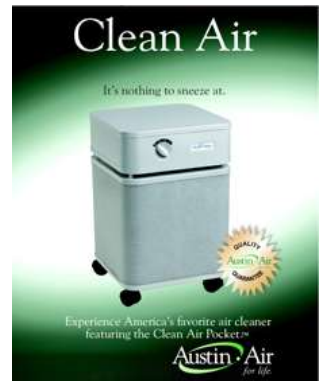


### Belly Breathing:

Slowly bring your breath into your body  
Try to count to 7 in with your belly  
Then push breath out with a count of 7 with your belly

### Clear Air:

**Austin Air Purifier: Health Mate Plus \$649.00**  
**Allergies, Asthma, Chemicals, Molds sensitivities.**  
Best Quality, ease of use and quietest filters home.  
[info@thecleanairstore.com](mailto:info@thecleanairstore.com) Klinghardt pricing



### Brain Support:

**Cranial Stimulation System:** For Neuro issues, Brain Fog, Herx support, depression, brain connectivity, Sleep Disturbances. Helps undo what EMR's are doing and supportive for detox symptoms. Resets the brain, use 20 min. am or pm. Attach to ear lobes or use on meridians. \$349.00

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